

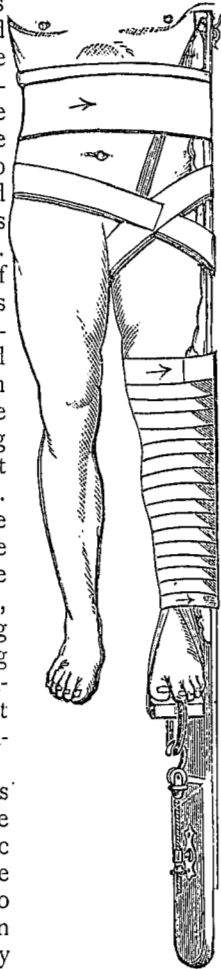
keep off the clothes, because the slightest pressure upon the inflamed joint causes almost intolerable pain. The application of the cotton-wool bandage or lotions that may be directed by the doctor is usually the chief part of the Nursing, although these cases are notoriously difficult to attend upon in consequence of the proverbial ill-temper which accompanies the attacks. A piece of lint soaked in warm solution of bicarbonate of soda, with a teaspoonful of laudanum added to it, placed round the joint and covered over with a layer of cotton-wool, often affords relief to the pain which seems almost magical.

Strumous Disease of a Joint.—The popular name for the most common form of this disease is White Knee, because one or other knee is the joint most commonly affected. It is a very serious affection, the cartilage becoming diseased and the morbid process usually going on despite medicinal treatment, because it usually occurs in children of scrofulous and enfeebled constitution who have little power of repair or recovery from the disease. The pain is often extreme, and once more the use of a cradle to keep the bed clothes from the affected joint is a measure which adds greatly to the patient's comfort. It is well to remember that if an ordinary steel cradle, such as we are accustomed to in Hospital wards, cannot be obtained in private houses, the bottom and top of a band-box may be knocked out, and the limb being placed through it, a fairly efficient substitute can be thus provided.

If the case is treated by the application of a splint some such appliance as shown in the appended engraving is used, *extension*, as it is termed, being put on so as to draw the leg down, and so prevent the inflamed cartilages of the joint being kept in constant apposition and consequent irritation.

As a general rule, these cases unfortunately go on even in the most favourable cases to chronic thickening and fixation of the joint, or more often perhaps to the formation of abscess; an operation being ultimately needed either to remove the disease in the joint, or to amputate the limb altogether.

(To be continued.)



Royal British Nurses' Association.

(Incorporated by Royal Charter.)



At the Meeting of the Executive Committee, held on Friday, February 2nd, Dr. JOHN LOWE, and the following Registered Nurses, were elected Members of the Corporation:—

EMMA MAUD BANFIELD.
LILIAN BOUSFIELD.

JESSIE MARIAN BREWER.
MARY GIRDLESTONE.
KATHERINE FRANCIS ALICE-GOODIN.
ANNE McDONALD.
GRACE ANDERSON McDONALD.
ADA ELIZABETH MOTTRAM.
LEONORA MAXWELL MULLER.
MADELINE ORR.
MARY SINGER.

The last Lecture of the Course on "Elementary Anatomy," by Mr. Walsham, F.R.C.S., was given on Thursday, February 1st, at 3, Hanover Square, at 8.30 p.m. The Chair was taken by Mr. T. Pickering Pick, one of the Vice-Chairmen of the Corporation, and, at the conclusion of the lecture, a hearty vote of thanks to Mr. Walsham was carried by acclamation for his great kindness and the trouble he had taken in delivering this interesting and instructive Course of Lectures.

Arrangements have now been concluded for the Association to move into its new offices, at 19, Harley Street, Cavendish Square, on March 24th next. With the greatly increasing work of the Association, the increased accommodation will be of the greatest benefit. The Association, moreover, is about to make a very important new departure, which will render this still more valuable.

The Executive Committee has adopted the scheme for Courses of Lectures on Elementary Anatomy, Physiology, Hygiene and Chemistry, Invalid Cookery, Household Management, and Practical Nursing, which has been drawn up in detail by the Educational Subcommittee, and has sanctioned the commencement of these Courses at an early date. They are designed chiefly for the instruction of ladies who propose to enter Hospitals for training as Probationers, but will be open to others who desire to receive such valuable instruction in such useful and interesting subjects. The new regulations which are being made by various large Hospitals are creating a demand for such preliminary instruction in the above subjects which this scheme is designed to supply.

DAISY ROBINS,
Secretary and Registrar.

[previous page](#)

[next page](#)